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phone: 613-339-2852

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Mass (Sunday) 11:00 am

**Sacraments**

**Weekday Masses**

Please refer to the schedule in the bulletin

**Baptism**

by appointment

**Reconciliation**

30 minutes before weekend Masses

**Anointing of the Sick & Communion for Shut-Ins**

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**Marriages**

First appointment at least 6 months prior to wedding date  
Couples are required to attend Marriage Preparation session

**Devotions**

*Mother of Perpetual Help Novena*

Wednesday 11:00 AM (Cardiff)

*Eucharistic Adoration / Rosary / Benediction*

First Fridays 11:30 AM (Cardiff)

First Saturdays 5:30 PM (Highland Grove)

**Directory**

**Bishop Daniel Miehm**

1-705-745-5123

[www.peterboroughdiocese.org](http://www.peterboroughdiocese.org)

**Pastor**

Fr. Darlington Oparaikie C.S.Sp.

[frdarlingtonoparaikie@peterboroughdiocese.org](mailto:frdarlingtonoparaikie@peterboroughdiocese.org)

**Deacon**

Deacon Tom Welsh [twelsh@sympatico.ca](mailto:twelsh@sympatico.ca)

**Bookkeeper**

Susan Pearson 705-488-2222

[office@ladyoflourdescardiff.ca](mailto:office@ladyoflourdescardiff.ca)

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**Building & Property**

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**Fundraising**

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**Cemetery**

Anna & John Chapman 705-656-3791

**Social Committee**

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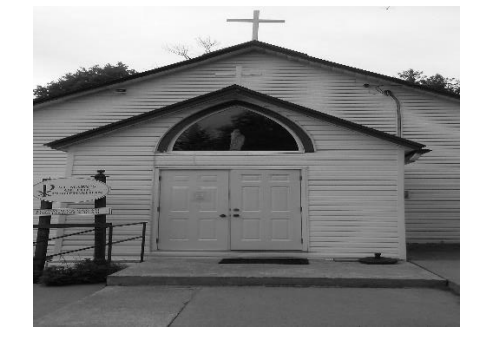
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John Tolentino

[jpftolentino@gmail.com](mailto:jpftolentino@gmail.com)



St. John Vianney Mission Church  
5408 Loop Rd.  
Highland Grove, ON K0L 2A0  
Mass (Saturday) 4:30 pm



St. Mary's Mission Church  
680 Clydesdale Rd.  
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Mass (Sunday) 9:00 am

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**TWENTIETH SUNDAY IN ORDINARY TIME (YEAR B)**

**AUGUST 18<sup>th</sup> 2024**

**MASS INTENTIONS FOR THE WEEK**

DAY	LOCATION	TIME	INTENTIONS	DONORS
Sat. 17	Highland Grove	4:30PM	Healing for Deacon Tom	
Sun. 18	Chandos	9:00AM	Healing for Deacon Tom	
	Cardiff	11:00AM	Healing for Deacon Tom	
Mon. 19				
Tues. 20	Highland Grove	7:00PM	Healing for Adele (Deacon Tom's Daughter)	Deacon Tom
Wed. 21	Cardiff	11:00AM	For the people of our parish	
Thurs. 22	Cardiff	11:00AM	Successful operation for Deacon Tom	
Fri. 23	Cardiff	11:00AM	+Mickey Hinze	Sandy Cole
Sat. 24	Highland Grove	4:30PM	Healing for Adele (Deacon Tom's Daughter)	Deacon Tom
Sun. 25	Chandos	9:00AM	Healing for Rosie	Deacon Tom
	Cardiff	11:00AM	Healing for Rosie	Deacon Tom

WEEKLY FINANCIAL REPORT	
	August 11 <sup>th</sup> , 2024
Highland Grove	\$875.00
Chandos / Apsley	\$360.00
Cardiff	\$370.00
Total	\$1,605.00
Special Collection	\$100.00
POP July 15	\$1255.00
POP July 30	\$2,150.00
Donations	\$2,505.00

LECTORS			
Date	H. Grove	Chandos	Cardiff
	Sun. 4:30PM	Sun. 9:00AM	Sun. 11:00AM
August 17/18	Gary B.	Joanne H.	Theresa P.
August 24/25	Mackenzie B.	Gene	Kelly C
August 31/Sep. 1	Katie B.	Sharon	Peter P.
September 7/8	Brenda B.	Sharon C.	Peter P.

**Please use this email address for e-transfers:**  
[office@ladyoflourdescardiff.ca](mailto:office@ladyoflourdescardiff.ca)

**DATES TO REMEMBER**

**BIRTHDAYS FOR AUGUST:** Grace Kumor (14<sup>th</sup>), Andy Kumor (19<sup>th</sup>). **HAPPY BIRTHDAY TO ALL OUR PARISHIONERS CELEBRATING IN THIS MONTH OF AUGUST. WISHING YOU MANY MORE FRUITFUL YEARS.**

**WEDDING ANNIVERSARIES FOR AUGUST:** Joe and Theresa Pregent (18<sup>th</sup>), Glenn and Margaret Mulhall (5<sup>th</sup>).  
 Congratulations and more love power ahead!

**Request For Donation to Help Cover Costs**  
 As you may be aware, we experienced a few unbudgeted major expenses in Cardiff in the last couple of months. A severe lightning strike damaged a 140-foot tree in our backyard, posing a significant risk to the rectory. Additionally, we discovered an unexpected pest infestation in the rectory. We needed to immediately engage an exterminator to treat the entire rectory. Unfortunately, one bed needed to be replaced due to extensive damage. Following the treatment, we also had the carpets professionally steam cleaned to ensure a thorough sanitization. These unbudgeted events resulted in \$6,000. While our initial appeal has garnered a generous support of \$2,680, we still require \$3,300 to cover the remaining balance. We graciously thank those who have already contributed and hope to raise the remaining amount over the next month or so. Every donation, regardless the size, is deeply appreciated and will help offset our needs. God bless and reward you all.

**Pray for those in need of healing and good health:**

Philip Hughes, Nick Novakowski, Rhys Telka, Jane Tsagrinis, Eileen Carr, Ella Richard, Emilee Calzonetti, Pierre Longevin, Eleanor Cadeau, Hermance Therrien, George Chennette, Shannon Reid, Megan Connelly, Dan, Claudette Wilkinson, Ely Wisniewski, Al & Laura Quinn, Theresa Yaskolski, Even Marshall, Danny Wanless, Dr. Peter McEnery, Fr. John Albao, Marilyn Gridale, Francisca Poblete, Rosie Welsh, Frank Schumach and Martina Wright.

**READINGS FOR THE 20TH SUNDAY IN ORDINARY TIME (B)**

**First Reading.** *Proverbs 9:1-6*  
 Wisdom has set a feast before us.

**Responsorial Psalm.** *Psalm 34:2-3,4-5,6-7*  
 A prayer of praise to God for his goodness

**Second Reading.** *Ephesians 5:15-20*  
 Filled with the Spirit, Christians strive to follow the will of the Lord.

**Gospel Reading.** *John 6:51-58*  
 Jesus teaches that whoever eats his flesh and drinks his blood will live forever.

**Background on the Gospel Reading**

On this Sunday, we continue to read from the sixth chapter of the Gospel of John. Today's Gospel elaborates further on the teaching that Jesus began in our liturgy last week. In that reading, the crowds wondered about how Jesus could say that he had come down from heaven because they knew Jesus to be the son of Joseph. In this Gospel, some have difficulty with Jesus' teaching that he is the living bread sent from God. Recall that Jesus had told them that just as God gave the Israelites manna to sustain them in the desert, so now God has sent new manna that will give eternal life. We hear the concluding verse of last week's Gospel repeated in today's reading: Jesus himself is the bread sent by God; Jesus' flesh is the bread that is given for the life of the world.

Among the stumbling blocks for those who heard but did not understand Jesus is the teaching that the bread that Jesus will give is his own flesh. In response to the people who quarreled over his words, Jesus teaches with even greater emphasis that salvation comes to those who eat his Body and Blood. Jesus doesn't seem to answer the question posed about how salvation will come about, perhaps because this reality can only be understood after his death and Resurrection. Instead, Jesus teaches about the life that he will give to the world.

To many ears, Jesus' words are jarring and difficult to hear. Many who heard Jesus could not accept what he said. Many today continue to struggle to accept these words. But they are important words because they reveal our intimate connection with Jesus.

This is the mystery that is at the heart of our eucharistic theology. In the elements of bread and wine, Jesus' Body and Blood are made truly present. When we share in the Body and Blood of Christ, Jesus himself comes to dwell within us. This communion with the Lord makes us one body, brings us eternal life, and sends us forth to be Christ's body for the life of the world. (Loyola Press).



**KNOW YOUR FAITH**

**How Has God Revealed Himself?**

In the generation after our first parents disobeyed God, breaking their relationship with him (see Gn 3), their descendants' knowledge of their Creator seems to have become faded and even distorted. We find in the Book of Genesis, however, that God chooses to reveal himself to a series of individuals and their families, to begin the restoration of his relationship with humanity. His revelation to Abraham (see 12:1-9 begins a series of events that leads to the formation of the Jewish people, and eventually to the birth of God's Son, Jesus Christ, to a Jewish woman.

As "the Word (who) became flesh" (Jn 1:14), Christ most perfectly reveals God the Father; the entire divine revelation is perfectly summed up in him, He is not only the Son of God, but also God the Son: equal in essence and glory with his Father in heaven. The Holy Spirit—the Spirit sent by the Father and breathed on the apostles by the Son—is also a divine Person, and fully God (see Jn 14:9-11, 16-17; 20:22).

Catholics believe that this revelation of the triune God—who is three Persons in one essence (or being)—is communicated in the holy Scriptures and through the Church, which authoritatively and infallibly interprets the Bible according to unbroken apostolic Tradition (see 1 Tm 3:15; 2 Thes 2:15). It is true that individuals can come to know God, even if they have never heard the gospel ("good news") of Jesus Christ, on the basis of nature and what it reveals of the Creator, and through the laws of their conscience (see Ps 19:2-3; Rom 1:19-21; 2:12-16). Various non-Catholic, Christian communions also teach a great deal that is true about God. However, the *fullness* of the Christian revelation is entrusted to the Catholic Church, the guardian of the apostolic deposit from the beginning.

The Christian message, most fully proclaimed by the Catholic Church, with the aid of the Holy Spirit, who leads the Church into all truth, reveals God's nature and character, his love for us, his mercy, and his holiness and commandments. Revelation is God's message to us about himself and about how he wants us to live. It teaches us what is right and wrong, good and evil. It is passed on through the generations by the Church through words and deeds that testify to its truth. (The New Catholic Answer Bible).