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Welcome to

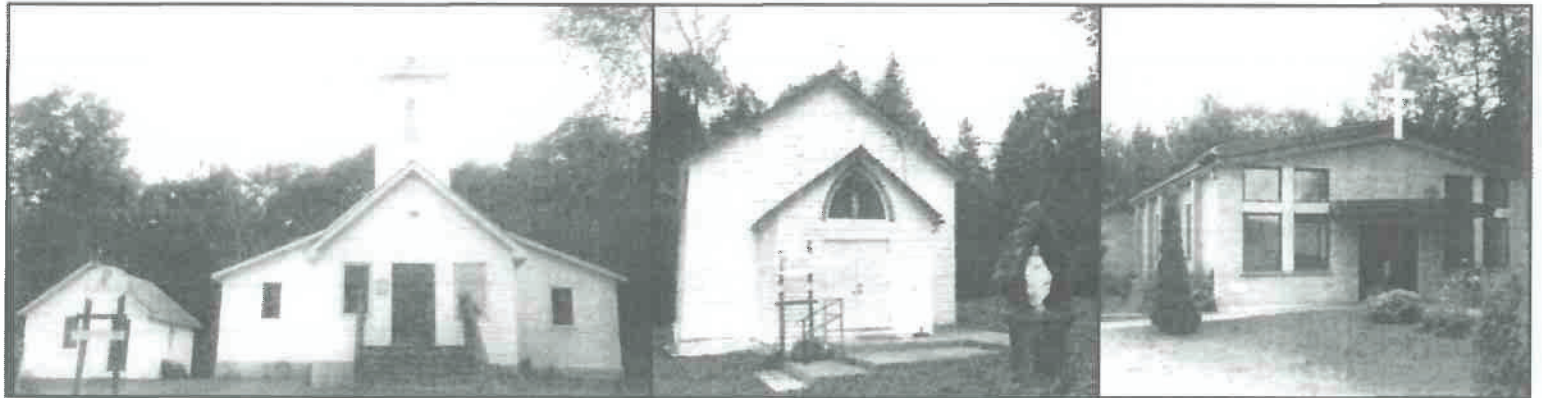
Our Lady of Lourdes (Cardiff)

St. John Vianney (Highland Grove)

St. Mary (Chandos)

5408 Loop Rd.

680 Clydesdale Rd.



SACRAMENTS

Holy Eucharist

Saturday: 4:30 PM (Highland Grove)
Sunday: 9:00 AM (Chandos)
11:00 AM (Cardiff)

Weekdays: Please refer to the schedule in the Bulletin

Reconciliation: 30 minutes before weekend Masses

Baptism: by appointment

Marriage: first appointment at least 6 months prior to wedding date.

All couples are required to attend Marriage Preparation Sessions

Anointing of the Sick and Communion for Shut-Ins

Please call the office at 613--339-2852

Devotions:

Rosary: before weekend Masses in all churches.

Adoration/Benediction: First Fridays 11:00 AM (Cardiff)

First Saturdays 5:30 PM (Highland Grove)

Mother of Perpetual Help Novena: Wednesdays 11:00 AM (Cardiff)

Bishop Daniel Miehm

1-705-745-5123

www.peterboroughdiocese.org

Pastor: Fr. Vic Valles

Deacons: Rev. Mr. John Cannon

Rev. Mr. Tom Welsh

twelsh@sympatico.ca

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St. Mary's Cemetery Board:

Anna & John Chapman

Tel: 705-656-3791

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New to the Parish? Please fill out and drop this form into the offertory basket

Name: _____

Mailing Address: _____

Telephone: _____ **E-Mail:** _____

PLEASE REMEMBER OUR LADY OF LOURDES PARISH IN YOUR WILL

NINETEENTH SUNDAY IN ORDINARY TIME (YEAR B)

AUGUST 08, 2021

MASS INTENTIONS FOR THIS WEEK

Day	Location	Time	Intentions	Donors
Sat. 07	Highland Grove	4:30 PM	For the People of the parish	
Sun. 08	Chandos	9:00 AM	For the Souls in purgatory	
	Cardiff	11:00 AM	For the Souls in purgatory	
Mon.09	Cardiff		No mass	
Tue. 10	Highland Grove	7:30PM	No intention	
Wed. 11	Cardiff	11:00 AM	No intention	
Thu. 12	Chandos	11:00 AM	No intention	
Fri. 13	Cardiff	12:10 AM	No intention	
Sat.14	Highland Grove	4:30 PM	+Carlos Sarueda	
Sun. 15	Chandos	9:00 AM	Souls in purgatory	
	Cardiff	11:00 AM	For the people of the parish	

Weekly Financial Report

AUGUST 01, 2021

Highland Grove	\$385.00
Chandos	\$310.00
Cardiff	\$337.00
Total (Offertory)	\$1032.00
Advertisement	\$250.00
Easter	\$50.00
Vocation & Campus	\$190.00
POP JUNE 15	\$1295.00
POP May 30	\$1270.00

Vargas, Dennis Hendricks, Eleanor Cadeau, Hermance Therrien, Leelani Tan, Loreta Cook, Adelaine Diaz, Sally Rayes, Stella Glen, Luming Lontok, Sr. Meden Howard, Carmelita Faelnar, Shannon Reid, Jim Whelan, infant Georgia vanderZalm, David & Andrea, Yvon Gaboury

Readings Next Week (August 15, 2021) THE ASSUMPTION OF THE BLESSED VIRGIN MARY
Revelation 11:19a; 12:1-6a,10ab (The sign of God's salvation will be a woman clothed with the sun.)

1 Corinthians 15:20-27 (Christ has redeemed Adam's sin.)

Luke 1:39-56 (Mary greets Elizabeth and sings God's praise.)

Lectors

Date	H. Grove	Chandos	Cardiff
	Sat. 4:30 PM	Sun. 9:00AM	Sun. 11:00 AM
July 17/18	Gary B.	Sharon C.	Theresa P.
July 24/25	Melissa B.	Frances P.	Brenda B.
Jul31/Au1	Brenda B.	Gene T.	Sandy C.
Aug. 7/8	Dave H.	Sharon C..	Gary B.
Aug. 14/15	Katie B.	Frances P.	Theresa P..

Background on the Gospel Reading

Today's feast celebrates Mary's Assumption into heaven. It is one of three feasts of Mary that are Holy Days of Obligation for Catholics in the United States. January 1 is the feast of Mary, the Mother of God, and December 8 is the feast of the Immaculate Conception of Mary. The assumption of the Blessed Virgin Mary into heaven has long been held as an important Catholic belief. The belief was not defined as dogma, however, until 1950 by Pope Pius XII. The dogma teaches that Mary, who was without sin, was taken, body and soul, into the glory of heaven.

The Gospel for this holy day recalls Mary's actions after the announcement of Jesus' birth by the Angel Gabriel. Mary goes to visit her cousin Elizabeth who is also with child. Elizabeth greets Mary with full recognition of the roles they and their unborn children will play in God's plan for salvation. Mary responds to Elizabeth's greeting with her song of praise, the Mag-

Please pray for the sick:

Philip Hughes, Nick Novakowski, Kevin Ralph, Rhys Telka, Jane Tsagrinis, Fr. Bart Burke, Anne Carr, Noreen Howe, Fiory Sarueda, Sr. Celine Lora, Sr. Elvira Berdelao, Ella Richard, Emilee Callzonetti, Peter Malloy, Pierre Longevin, Amelia

nificat. Both women recall and echo God's history of showing favor upon the people of Israel. Mary's Magnificat, in particular, echoes the song of praise offered by Hannah, the mother of Samuel.

The Gospel for this day reminds us that Mary's Assumption into heaven is best understood with regard for the full spectrum of Catholic beliefs about the person of Christ and the person of Mary. Only Mary, who was born without stain of original sin—the Immaculate Conception—could give birth to Christ, who is fully God and fully human. This is called the Immaculate Conception. Because of Mary's role in God's plan of salvation, she does not suffer from the effects of sin, which are death and decay. Mary is the first to receive the fullness of the redemption that her son has won for all of humanity. The Church, therefore, recognizes Mary as the sign of the salvation promised to all.

Today's Gospel highlights Mary's faith. Mary's faith enabled her to recognize the work of God in her people's history and in her own life. Her openness to God allowed God to work through her so that salvation might come to all. Mary is a model and symbol of the Church. May we be like Mary, open and cooperative in God's plan of salvation.

HELP NEEDED. Let us now resume the practice of bringing non-perishable food items to church for our local food banks, Wilberforce, Cardiff & Apsley. Thank you.

At this time, face mask use indoors is mandatory for the celebrants and the faithful, even for those who are fully vaccinated.

- Congregational singing is not permitted in Step 3.
- A cantor or small choir may be utilized if singers/musicians are 3 metres from one another and any member of the congregation. Singers/musicians from the same household do not have to distance themselves from one another.
- One altar server or two or more altar servers from the same household are permitted at a Mass. Face masks must be worn, and physical distancing maintained.
- The celebrant's regular practice for greeting parishioners and processing at the beginning and the end of the liturgy may resume with adherence to the health precautions.

A Wells of Hope Charity Golf Tournament and Silent Auction Fundraiser will be held on August 28th, 2021. The proceeds will help to provide clean water to the mountainous Jalapa Region of Guatemala where over half of the children born die before their 5th birthday as a direct result of drinking contaminated water. If you would like to golf in the tournament, put in a foursome, sponsor a hole (\$100) or donate an item for the Silent Auction please contact Sandy Cole at 613-332-9199 or sandycole-hughes@gmail.com Tournament Details: When: Sat Aug 28, 2021 Where: Bancroft Ridge Golf Course Time: Registration - 11:00 am Shot Gun Start - 12:00 pm Supper included Price: \$100/person The children of Guatemala thank you for answering their prayers by supporting this fundraiser.

Those Encouraging Words

Whenever you catch yourself engaging in negative self-talk, try the following:

1. Choose one thing for which you are grateful and talk to yourself about it. This blocks out your negative self-talk. The mind cannot hold two conflicting images at the same time. Gratitude is one of the most powerful emotions you possess to have the rich fulfilling life you deserve.
2. Choose something you like about yourself. Describe it. Are you smart? Are you kind? Are you creative? How does this enhance the things you do? How does it advance and enrich others? What is its impact on your family, work or community?
3. What future event are you most looking forward to? Describe it to yourself in vivid detail. Elaborate, expand, and expound. Add Technicolor and stereo. Allow yourself to daydream. All your accomplishments are first a thought, a dream or goal pulling you toward it. Keep an inspirational book, tape or CD handy to reinforce your positive self-talk. Use them whenever are feeling negative. When you are moving around, listen. When you are settled in one place, read the words. Being your own biggest booster doesn't mean you're immodest. It means you're smart. Life is a do it yourself job, and if you don't motivate yourself, who will? Remember: five years from now, you'll be the same person you are today -- except for the people you meet, the situations you've encountered and the thoughts you've thought. Keep your internal dialogue positive, upbeat, and future-oriented. No one is in a better position to be your biggest cheerleader than you!

The Two Nuns

Two nuns were shopping in a food store and happened to be passing the beer and liquor section. One nun asks the other if she would like a beer. The other nun answered that would be good, but that she would be queasy about purchasing it. The first nun said that she would handle it and picked up a six pack and took it to the cashier. The cashier had a surprised look and the first nun said, "This is for washing our hair." The cashier without blinking an eye, reached under the counter and put a package of pretzel sticks in the bag with the beer saying, "Here, don't forget the curlers."

“There would be neither rich nor poor if everyone, after taking from their wealth enough for their personal needs, gave to others what they lacked.” St. Basil



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